

Visitor Services Supervisor: Kathryn Park Phone Number: 508-278-7604

All programs are free and open to the public. Children must be accompanied by adult. Reasonable accommodations available upon request. For more information please call the park or online at

http://www.mass.gov/eea/agencies/dcr/massparks/region-central/blackstone-river-and-canal-heritage-state-park.html

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				3	4	5
6	7	8	9	10	11 Kidleidoscope Nature Story Hour 10:30-11:30	12
					Discovery Hour 11:30-12:30 Sunset Stroll	
					7:00-8:00 Night Sky 8:30-10:00	
13 Art at the River 11:00-11:45	Nature Journals 11:30-12:00	15	16	17	18 Kidleidoscope Nature Story Hour 10:30 - 11:30	Explore the River 9:00-10:00
Canal Walk 1:00-2:15	Name That Track 12:00-1:00				Discovery Hour 11:30-12:30	Towpath Talk 11:00-11:30
	What's a Watershed? 1:00-2:00				Fish Prints 1:00-2:00	Woodlands and Waterways 12:00-1:00



River Bend Farm Visitor Center is located at 287 Oak Street Uxbridge MA 01569

Following the Plough exhibit upper level open daily from 10:00-4:00.

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20 Towpath Talk 11:00-11:30	Nature Journals 11:30-12:00 Reading the Clouds 1:00-2:00	22	23	24	Kidleidoscope Nature Story Hour 10:30 - 11:30 Discovery Hour 11:30-12:30 What's a Watershed? 1:00-2:00	26 Insect Safari 10:30-11:30 Towpath Talk 12:00-12:30
27 Art at the River 11:00-11:45 Canal Walk 1:00-2:15	28	29	30	31		

RIVER BEND FARM VISITOR CENTER

Following the	The Visitors' Center is open from $10-4$ daily. Our exhibit "Following the Plough" explores the story of the
Plough Exhibit at	Blackstone Valley and its communities from pre-European settlement through European style agricultural
River Bend Farm	development, industrialization, and into today. Guided tours for groups with advance notice. Free Admission.
Visitors Center	Accessible.
Healthy Heart	Staying active is a healthy life choice and what better place than in a beautiful state park. Portions of the
Towpath Walk	Blackstone Canal towpath are designated as an easy 1 mile Healthy Heart Hike. Pick up a self-guided towpath
-	brochure in the visitor center and get out often for this enjoyable walk that offers diverse scenery.



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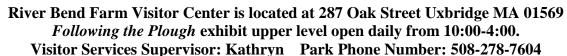
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PROGRAM DESCRIPTIONS

Art at the River	A healthy dose of Nature and Art! We will take a short walk through the old pasture field to the Blackstone
	River. Relax a while and make a nature journal to write down your discoveries. Materials provided for nature
	notebook & sun print. Approx. 1 mile. All ages welcome. Meet at Visitor Center.
Canal Walk	This easy walk meets at River Bend Farm Visitor Center and continues along the Blackstone Canal's historic
	towpath. Appropriate for all ages, walk with us and listen to stories about the canal's history, ecology and
	wildlife. About two miles round trip on packed gravel.
Discovery Hour	On Fridays August 11, 18, and 25, from 11:30am to 12:30pm, borrow a Discovery Pack backpack filled with
	great tools, nature guides and activity suggestions. Hit the trail and have fun exploring, learning and sharing
	your discoveries! Sign out a backpack at the Visitor Center.
Explore the River	Walk to the shore of the Blackstone River to learn about water quality, life cycles and how to keep water
	healthy as we look and listen to life on the banks of the Blackstone. 1 mile round trip. All ages welcome on
	this family friendly program. Meet at Visitor Center.
Sunset Stroll	Join an easy stroll along the historic Blackstone Canal's Towpath. Unwind from your day and enjoy the magic
	hour of light and shadows at sunset. All ages welcome, up to 2 miles round trip. Meet at Visitor Center.
Fish Prints	Once called America's hardest working river, the Blackstone River now supports a variety of fish. Learn about
	the species that call the Blackstone River home as we create works of art using replica life size fish. Meet at
	Visitor Center.
Insect Safari	Learn how to identify an insect, and then go on a bug hunt! River Bend Farm's meadow is a great place to
	watch for insects. Get your family outside and investigating nature on this catch and release bug hunt! Meet at
	Visitor Center.





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Kidleidoscope	Meet on the back lawn of the Visitor Center for a morning program designed to connect young children to
Nature Story Hour	nature. Nature stories and picture books followed by a short nature walk and ending with a craft project. This
	program runs rain or shine, meets upstairs in the Big Red Barn Visitor Center during inclement weather.
Towpath Talk	Join this short half mile, half hour heritage walk and talk to get an introduction to the Blackstone Canal's
	construction, operation, and use. Meet at Visitor Center. Easy walk ½ mile round trip on packed gravel.
Name that Track	Can you identify wildlife by the footprints left behind? Stop by the Visitor Center and give it a try!
Woodlands and	This walk will take you along the banks of the Blackstone Canal and through areas of field and woodland.
Waterways	Learn about how the canal and agriculture shaped the landscape to what it is today. Wear comfortable clothes
	and sturdy shoes; bring water, snack and insect repellant if you choose. About 2 miles. Meet at Visitor Center.
Nature Journals	Keeping a nature journal will encourage you to slow down and enjoy reading the landscape. Take time to
	observe the natural world as you sketch or write your thoughts down. Supplies provided. Meet at Visitor
	Center, all ages.
What's a	Try some fun hands-on activities to discover the importance of a healthy watershed, and what each of us can
Watershed?	do to help improve water quality. Meet at Visitor Center for this family friendly program, followed by a ½
	mile easy walk to the Blackstone River.
Reading the Clouds	
	cloud formations while creating a cloud painting. All ages welcome on this family friendly event. Meets rain
	or shine- meet outside Visitor Center, or indoors during inclement weather.